



METRICS CONVERSION GUIDE

Knitting & Crochet

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| KNITTING NEEDLES | |
|------------------|---------------|
| If you see... | Convert to... |
| 0 (U.S) | 2 mm |
| 1 | 2.25 mm |
| 2 | 2.75 mm |
| 3 | 3.25 mm |
| 4 | 3.5 mm |
| 5 | 3.75 mm |
| 6 | 4 mm |
| 7 | 4.5 mm |
| 8 | 5 mm |
| 9 | 5.5 mm |
| 10 | 6 mm |
| 10 ½ | 6.5 mm |
| 11 | 8 mm |
| 13 | 9 mm |
| 15 | 10 mm |
| 17 | 12 mm |
| 19 | 16 mm |
| 35 | 19 mm |
| 50 | 25 mm |

| CROCHET HOOKS | |
|---------------|---------------|
| If you see... | Convert to... |
| B-1 | 2.25 mm |
| C-2 | 2.75 mm |
| D-3 | 3.25 mm |
| E-4 | 3.5 mm |
| F-5 | 3.75 mm |
| G-6 | 4 mm |
| 7 | 4.5 mm |
| H-8 | 5 mm |
| I-9 | 5.5 mm |
| J-10 | 6 mm |
| K-10½ | 6.5 mm |
| L-11 | 8 mm |
| M/N-13 | 9 mm |
| N/P-15 | 10 mm |
| P/Q | 15 mm |
| Q | 16 mm |
| S | 19 mm |

| LENGTH | |
|---------------|---------------|
| If you see... | Convert to... |
| ⅛" | 3 mm |
| ¼" | 6 mm |
| ⅓" | 8 mm |
| ⅜" | 10 mm |
| ½" | 12 mm |
| ⅝" | 16 mm |
| ⅔" | 17 mm |
| ¾" | 19 mm |
| 1" | 25 mm |
| 2" | 50 mm |
| 3" | 76 mm |
| 4" | 102 mm |
| 5" | 12.7 cm |
| 6" | 15.2 cm |
| 7" | 17.8 cm |
| 8" | 20.3 cm |
| 9" | 22.8 cm |
| 10" | 25.4 cm |
| 11" | 27.9 cm |
| 12" | 30.5 cm |
| 1 yard | 91.4 cm |
| 10 yards | 9.1 m |
| 50 yards | 45.7 m |
| 100 yards | 91.4 m |
| 500 yards | 457.2 m |
| 1,000 yards | 914.4 m |

| WEIGHT | |
|---------------|---------------|
| If you see... | Convert to... |
| 1 ounce | 29 g |
| 1¾ ounces | 50 g |
| 3½ ounces | 100 g |
| 4 ounces | 113 g |
| 5 ounces | 142 g |
| 6 ounces | 170 g |
| 7 ounces | 198 g |

| AMERICAN VS. BRITISH CROCHET TERMS | |
|------------------------------------|------------------------------|
| If you see... | Convert to... |
| Single crochet (in the U.S.) | Double crochet (in the U.K.) |
| Double crochet | Treble |
| Half double crochet | Half treble |
| Treble | Double treble |
| Double treble | Triple treble |
| Skip | Miss |



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*Guidelines Only: The above reflect the most commonly used gauges and needle or hook sizes for specific yarn categories.

**Lace weight yarns are usually knitted or crocheted on larger needles and hooks to create lacy, openwork patterns. Accordingly, a gauge range is difficult to determine. Always follow the gauge stated in your pattern.

*** Steel crochet hooks are sized differently from regular hooks—the higher the number, the smaller the hook, which is the reverse of regular hook sizing

| YARN WEIGHT CATEGORY NAMES | YARN WEIGHT CATEGORY NAMES | | | | | | | |
|---|-----------------------------------|-----------------------|--------------|-------------------|-----------------------|--------------------|---------------------|---------------------|
| | LACE | SUPER FINE | FINE | LIGHT | MEDIUM | BULKY | SUPER BULKY | JUMBO |
| TYPE OF YARNS IN CATEGORY | Fingering 10-count crochet thread | Sock, fingering, baby | Sport, baby | DK, light worsted | Worsted, afghan, aran | Chunky, craft, rug | Super Bulky, roving | Jumbo, roving |
| KNIT GAUGE RANGE* IN STOCKINETTE TO 4" (10 CM) | 33-40** sts | 27-32 sts | 23-26 sts | 21-24 sts | 16-20 sts | 12-15 sts | 7-11 sts | 6 sts and fewer |
| RECOMMENDED METRIC NEEDLE IN METRIC SIZE RANGE | 1.5-2.25 mm | 2.25-3.25 mm | 3.25-3.75 mm | 3.75-4.5 mm | 4.5-5.5 mm | 5.5-8 mm | 8-12.75 mm | 12.75 mm and larger |
| RECOMMENDED U.S. NEEDLE | 000-1 | 1 to 3 | 3 to 5 | 5 to 7 | 7 to 9 | 9 to 11 | 11 to 17 | 17 and larger |
| CROCHET GAUGE* RANGE IN SINGLE CROCHET 4" (10 CM) | 32-42 double crochets*** | 21-32 sts | 16-20 sts | 12-17 sts | 11-14 sts | 8-11 sts | 6-9 sts | 5 sts and fewer |
| RECOMMENDED METRIC HOOK | Steel*** 1.6-1.4 mm | 2.25-3.5 mm | 3.5-4.5 mm | 4.5-5.5 mm | 5.5-6.5 mm | 6.5-9 mm | 9-16 mm | 16 mm and larger |
| RECOMMENDED U.S. HOOK | Steel*** 6, 7, 8 regular hook B-1 | B-1 to E-4 | E-4 to 7 | 7 to I-9 | I-9 to K-10½ | K-10½ to M-13 | M-13 to Q | Q and larger |

